



Fully Cooked, Boneless, Skinless, Diced Natural\*, Low Sodium  
 Chicken White Fryer Meat (1/2" L x 1/2" W 1/2" H)  
 JSF# 13830 - 2/5lbs. Bags per 10lbs. Case

DATE OF MOST RECENT REVIEW: 7/15/2020

Effective	4/22/2020	Address	10150 FM 14, Tyler, TX 75706
Supersedes	8/14/2019	Phone	903-592-9800

General Description

- I. FROZEN, LOW SODIUM, FULLY COOKED, BONELESS, SKINLESS, DICED NATURAL\* CHICKEN WHITE FRYER MEAT.
- \*Minimally Processed - No Artificial Ingredients.
- II. THIS PRODUCT IS PACKAGED 2/5 LBS. BAGS PER 10 LBS. CASE.
- III. THIS PRODUCT IS PREPARED FROM FRESH, WHOLESOME CHICKEN, WHICH IS USDA INSPECTED AND QUALITY APPROVED.
- IV. THIS PRODUCT SHALL BE FREE FROM OFF FLAVORS AND AROMAS AND DISCOLORATION.
- V. THIS PRODUCT IS PREPARED IN ACCORDANCE WITH CURRENT GOOD MANUFACTURING PRACTICES AND SHALL COMPLY WITH ALL REGULATIONS PROMULGATED UNDER THE FEDERAL FOOD, DRUG, AND COSMETIC ACT ALONG WITH ANY APPLICABLE STATE STATUTES AND REGULATIONS.

Ingredient Statement

INGREDIENTS: FULLY COOKED, BONELESS, SKINLESS, DICED NATURAL\* CHICKEN WHITE FRYER MEAT.

General Information

JSF Item Code	13830	Shelf Life, Frozen, Unopened	365 Days
Cust. Item Code	n/a	Storage	0 F; Frozen
UPC Code	n/a		
UCC Code	10034695138301		

Allergen and Sensitive Ingredient Information

Contains:	Yes/No	Contains:	Yes/No	Contains:	Yes/No
Wheat:	No	Tree Nuts:	No	MSG:	No
Soybean:	No	Shellfish:	No	Sulfites:	No
Peanut:	No	Fish:	No	Colors:	No
Dairy:	No	Eggs:	No		

Packaging and Storage Information

Packaging Configuration		Target	Range
Lbs per Bag	5 lbs	Shipping Temperature	0° F
Bags per Case	2		
Net Case Wt.	10 lbs	Storage Temperature	0° F
Ti	13		
Hi	7	Receiving Temperature	0° F
Cases per Pallet	91		
Slip Sheet	2	Case Cube	0.42 ft <sup>3</sup>
Gross Wt.	11.166 lbs	Pallet Cube	46.03 ft <sup>3</sup>
Case Dim.	14.625" L x 9.125" W x 5.375" H		

NUTRITION FACTS

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*	
servings per container	Serving size (100g)	Total Fat	3.5g	4%	Total Carbohydrate	0g
		Saturated Fat	1g	5%	Dietary Fiber	0g
		Trans Fat	0g		Total Sugars	0g
Calories per serving	160	Cholesterol	100mg	33%	Includes	0g Added Sugars
		Sodium	60mg	3%	Protein	30g
Vitamin D 0mcg 0% • Calcium 7mg 0% • Iron 0mg 0% Potassium 451mg 10%						

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.  
Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*	
servings per container	Serving size (84g)	Total Fat	3g	4%	Total Carbohydrate	0g
		Saturated Fat	0.5g	3%	Dietary Fiber	0g
		Trans Fat	0g		Total Sugars	0g
Calories per serving	140	Cholesterol	85mg	28%	Includes	0g Added Sugars
		Sodium	50mg	2%	Protein	25g
Vitamin D 0mcg 0% • Calcium 6mg 0% • Iron 0mg 0% Potassium 378mg 8%						

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.  
Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4



**PRODUCT LABELS**

<p>10034695138301</p> <p><b>LOW SODIUM</b></p> <p>FULLY COOKED, BONELESS, SKINLESS, DICED NATURAL* CHICKEN WHITE FRYER MEAT</p> <p>*MINIMALLY PROCESSED - NO ARTIFICIAL INGREDIENTS</p>	<p><b>Nutrition Facts</b> about 53 servings per container Serving size 3 oz (84g)</p> <p>Amount per serving <b>Calories 140</b></p> <table border="1"> <thead> <tr> <th></th> <th>% Daily Value*</th> </tr> </thead> <tbody> <tr><td>Total Fat 3g</td><td>4%</td></tr> <tr><td>Saturated Fat 0.5g</td><td>3%</td></tr> <tr><td>Trans Fat 0g</td><td></td></tr> <tr><td>Cholesterol 85mg</td><td>28%</td></tr> <tr><td>Sodium 50mg</td><td>2%</td></tr> <tr><td>Total Carbohydrate 0g</td><td>0%</td></tr> <tr><td>Dietary Fiber 0g</td><td>0%</td></tr> <tr><td>Total Sugars 0g</td><td>0%</td></tr> <tr><td>Includes 0g Added Sugars</td><td>0%</td></tr> <tr><td>Protein 25g</td><td></td></tr> <tr><td>Vitamin D 0mg</td><td>0%</td></tr> <tr><td>Calcium 6mg</td><td>0%</td></tr> <tr><td>Iron 0mg</td><td>0%</td></tr> <tr><td>Potassium 378mg</td><td>8%</td></tr> </tbody> </table> <p>*Percent Daily Values are based on a diet of other people's secrets.</p>		% Daily Value*	Total Fat 3g	4%	Saturated Fat 0.5g	3%	Trans Fat 0g		Cholesterol 85mg	28%	Sodium 50mg	2%	Total Carbohydrate 0g	0%	Dietary Fiber 0g	0%	Total Sugars 0g	0%	Includes 0g Added Sugars	0%	Protein 25g		Vitamin D 0mg	0%	Calcium 6mg	0%	Iron 0mg	0%	Potassium 378mg	8%	<p><b>ITEM CODE 13830</b></p> <p>PRODUCED ON: 8/10/2019</p> <p>NET WT.: 10.0 LBS.</p> <p>KEEP FROZEN</p> <p>REHEAT TO 165°F</p> <p>JOHN SOULES FOODS, INC. TYLER, TX 75712</p>	<p>10034695138301</p> <p><b>LOW SODIUM</b></p> <p>FULLY COOKED, BONELESS, SKINLESS, DICED NATURAL* CHICKEN WHITE FRYER MEAT</p> <p>*MINIMALLY PROCESSED - NO ARTIFICIAL INGREDIENTS</p>	<p><b>Nutrition Facts</b> about 53 servings per container Serving size 3 oz (84g)</p> <p>Amount per serving <b>Calories 140</b></p> <table border="1"> <thead> <tr> <th></th> <th>% Daily Value*</th> </tr> </thead> <tbody> <tr><td>Total Fat 3g</td><td>4%</td></tr> <tr><td>Saturated Fat 0.5g</td><td>3%</td></tr> <tr><td>Trans Fat 0g</td><td></td></tr> <tr><td>Cholesterol 85mg</td><td>28%</td></tr> <tr><td>Sodium 50mg</td><td>2%</td></tr> <tr><td>Total Carbohydrate 0g</td><td>0%</td></tr> <tr><td>Dietary Fiber 0g</td><td>0%</td></tr> <tr><td>Total Sugars 0g</td><td>0%</td></tr> <tr><td>Includes 0g Added Sugars</td><td>0%</td></tr> <tr><td>Protein 25g</td><td></td></tr> <tr><td>Vitamin D 0mg</td><td>0%</td></tr> <tr><td>Calcium 6mg</td><td>0%</td></tr> <tr><td>Iron 0mg</td><td>0%</td></tr> <tr><td>Potassium 378mg</td><td>8%</td></tr> </tbody> </table> <p>*Percent Daily Values are based on a diet of other people's secrets.</p>		% Daily Value*	Total Fat 3g	4%	Saturated Fat 0.5g	3%	Trans Fat 0g		Cholesterol 85mg	28%	Sodium 50mg	2%	Total Carbohydrate 0g	0%	Dietary Fiber 0g	0%	Total Sugars 0g	0%	Includes 0g Added Sugars	0%	Protein 25g		Vitamin D 0mg	0%	Calcium 6mg	0%	Iron 0mg	0%	Potassium 378mg	8%	<p><b>ITEM CODE 13830</b></p> <p>PRODUCED ON: 8/10/2019</p> <p>NET WT.: 10.0 LBS.</p> <p>KEEP FROZEN</p> <p>REHEAT TO 165°F</p> <p>JOHN SOULES FOODS, INC. TYLER, TX 75712</p>
	% Daily Value*																																																																
Total Fat 3g	4%																																																																
Saturated Fat 0.5g	3%																																																																
Trans Fat 0g																																																																	
Cholesterol 85mg	28%																																																																
Sodium 50mg	2%																																																																
Total Carbohydrate 0g	0%																																																																
Dietary Fiber 0g	0%																																																																
Total Sugars 0g	0%																																																																
Includes 0g Added Sugars	0%																																																																
Protein 25g																																																																	
Vitamin D 0mg	0%																																																																
Calcium 6mg	0%																																																																
Iron 0mg	0%																																																																
Potassium 378mg	8%																																																																
	% Daily Value*																																																																
Total Fat 3g	4%																																																																
Saturated Fat 0.5g	3%																																																																
Trans Fat 0g																																																																	
Cholesterol 85mg	28%																																																																
Sodium 50mg	2%																																																																
Total Carbohydrate 0g	0%																																																																
Dietary Fiber 0g	0%																																																																
Total Sugars 0g	0%																																																																
Includes 0g Added Sugars	0%																																																																
Protein 25g																																																																	
Vitamin D 0mg	0%																																																																
Calcium 6mg	0%																																																																
Iron 0mg	0%																																																																
Potassium 378mg	8%																																																																

(the image below is an enlarged version of one of the panels - both panels are identical)

<p>10034695138301</p> <p><b>LOW SODIUM</b></p> <p>FULLY COOKED, BONELESS, SKINLESS, DICED NATURAL* CHICKEN WHITE FRYER MEAT</p> <p>*MINIMALLY PROCESSED - NO ARTIFICIAL INGREDIENTS</p>	<p><b>Nutrition Facts</b> about 53 servings per container Serving size 3 oz (84g)</p> <p>Amount per serving <b>Calories 140</b></p> <table border="1"> <thead> <tr> <th></th> <th>% Daily Value*</th> </tr> </thead> <tbody> <tr><td>Total Fat 3g</td><td>4%</td></tr> <tr><td>Saturated Fat 0.5g</td><td>3%</td></tr> <tr><td>Trans Fat 0g</td><td></td></tr> <tr><td>Cholesterol 85mg</td><td>28%</td></tr> <tr><td>Sodium 50mg</td><td>2%</td></tr> <tr><td>Total Carbohydrate 0g</td><td>0%</td></tr> <tr><td>Dietary Fiber 0g</td><td>0%</td></tr> <tr><td>Total Sugars 0g</td><td>0%</td></tr> <tr><td>Includes 0g Added Sugars</td><td>0%</td></tr> <tr><td>Protein 25g</td><td></td></tr> <tr><td>Vitamin D 0mg</td><td>0%</td></tr> <tr><td>Calcium 6mg</td><td>0%</td></tr> <tr><td>Iron 0mg</td><td>0%</td></tr> <tr><td>Potassium 378mg</td><td>8%</td></tr> </tbody> </table> <p>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>		% Daily Value*	Total Fat 3g	4%	Saturated Fat 0.5g	3%	Trans Fat 0g		Cholesterol 85mg	28%	Sodium 50mg	2%	Total Carbohydrate 0g	0%	Dietary Fiber 0g	0%	Total Sugars 0g	0%	Includes 0g Added Sugars	0%	Protein 25g		Vitamin D 0mg	0%	Calcium 6mg	0%	Iron 0mg	0%	Potassium 378mg	8%	<p><b>ITEM CODE 13830</b></p> <p>PRODUCED ON: 8/10/2019</p> <p>NET WT.: 10.0 LBS.</p> <p>KEEP FROZEN</p> <p>REHEAT TO 165°F</p> <p>JOHN SOULES FOODS, INC. TYLER, TX 75712</p>
	% Daily Value*																															
Total Fat 3g	4%																															
Saturated Fat 0.5g	3%																															
Trans Fat 0g																																
Cholesterol 85mg	28%																															
Sodium 50mg	2%																															
Total Carbohydrate 0g	0%																															
Dietary Fiber 0g	0%																															
Total Sugars 0g	0%																															
Includes 0g Added Sugars	0%																															
Protein 25g																																
Vitamin D 0mg	0%																															
Calcium 6mg	0%																															
Iron 0mg	0%																															
Potassium 378mg	8%																															

**PRODUCT FORMULATION STATEMENT**

John Soules Foods certifies that 2.00 oz of the above product (ready for serving) contains 2.00 oz. of creditable amount of equivalent meat when prepared according to directions.